



CUSTOMER INFORMATION

Name: _____ DOB: _____ Gender: *M / F*

Add: _____ City _____ State _____ Zip Code _____

Home Phone: _____ Cell: _____ Cell Carrier: _____

Email: _____ Occupation: _____

What is your preferred contact method? Please check all that apply:

Email Text Message Phone Call

***You will automatically receive appointment notifications, reminders and confirmations through email and cell phone. You will also be able to check in online with the cell phone number you provide.*

Emergency Contact: _____ Relationship to you _____

Phone: _____ How did you hear about us? _____

Have you ever had a professional massage before? *Yes / No* How Recently? _____

Primary Reason for massage (*Circle all that apply*):

Manage Pain Relieve Discomfort Maintain Health Reduce Stress

Simply Relax Other: _____

~ PLEASE COMPLETE OTHER SIDE ~



Please Circle all that Apply

- Yes / No Do you frequently suffer from stress?
- Yes / No Do you have diabetes? Any pumps? _____
- Yes / No Do you experience frequent headaches?
- Yes / No Are you pregnant? If so, how far along? _____
- Yes / No Do you suffer from arthritis?
- Yes / No Are you wearing contact lenses?
- Yes / No Do you have high blood pressure?
- Yes / No Do you suffer from epilepsy or seizures?
- Yes / No Do you have varicose veins?
- Yes / No Do you have osteoporosis?
- Yes / No Do you bruise easily?
- Yes / No Have you had any broken bones in the past two years?
- Yes / No Have you had any accidents or suffered any injuries in the past two years?

- Yes / No Do you have numbness or stabbing pain anywhere? _____
- Yes / No Do you have any tension or soreness in a specific area? _____
- Yes / No Are you sensitive to pressure or touch in any area? _____
- Yes / No Do you have any allergies, specifically topical? _____
- Yes / No Do you have a pacemaker? What year? _____
- Yes / No Do you have any other medical conditions that your therapist know about?

- Yes / No Are you taking any medications? (Pumps, prescription or over the counter)

