



## CUSTOMER INFORMATION

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: *M / F*

Add: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Occupation: \_\_\_\_\_

Email: \_\_\_\_\_

What is your preferred contact method? Please check all that apply:

Email     Text Message     Phone Call

*\*\*You will automatically receive appointment notifications, reminders and confirmations through email and cell phone. You will also be able to check in online with the cell phone number you provide.*

Emergency Contact: \_\_\_\_\_ Relationship to you \_\_\_\_\_

Phone: \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Have you ever had a professional massage before? *Yes / No* How Recently? \_\_\_\_\_

**Primary Reason for massage** (*Circle all that apply*):

Manage Pain                  Relieve Discomfort                  Maintain Health                  Reduce Stress

Simply Relax                  Other: \_\_\_\_\_

~ PLEASE COMPLETE OTHER SIDE ~



**Please Circle all that Apply**

- Yes / No Do you experience frequent headaches?
- Yes / No Do you suffer from arthritis?
- Yes / No Are you wearing contact lenses?
- Yes / No Do you have high blood pressure?
- Yes / No Do you suffer from epilepsy or seizures?
- Yes / No Do you have varicose veins?
- Yes / No Do you have osteoporosis?
- Yes / No Do you bruise easily?
- Yes / No Do you have any subdermal piercings?
- Yes / No Are you pregnant? If so, how far along? \_\_\_\_\_
- Yes / No Do you have diabetes? Any pumps? \_\_\_\_\_
- Yes / No Do you have a pacemaker or other device? What year?  
\_\_\_\_\_
- Yes / No Have you had any accidents, suffered any injuries or broken bones in the  
past two years? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Yes / No Do you have any other medical conditions that your therapist know about?  
\_\_\_\_\_  
\_\_\_\_\_
- Yes / No Do you have any allergies, specifically topical? \_\_\_\_\_

List of current medications (Pumps, prescription or over the counter):

\_\_\_\_\_  
\_\_\_\_\_

Areas of pain/tension: \_\_\_\_\_

\_\_\_\_\_

Areas to be avoided \_\_\_\_\_

\_\_\_\_\_