

# If you are...

**Exhibiting any Covid-19 symptoms**

OR

**Waiting for a Covid-19 test Result**

OR

**Have been exposed to anyone who is positive within the last 48 hours,**

*Please reschedule your appointment.*

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Following industry recommendations, we are asking that you wait 48 hours after the 1st and/or 2nd covid vaccination dose, to receive massage therapy.

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## Masks are required.

