## If you ...

**Are Exhibiting any Covid-19 symptoms**OR

**Are Waiting for a Covid-19 test Result**OR

Have Been Exposed to anyone who is positive within the last 48 hours,

Please reschedule your appointment.

Following industry recommendations, we are asking that you wait 48 hours after any vaccination, to receive massage therapy.

Masks are optional, but will be worn by staff upon request.

